NAME: DATE OF BIRTH:

## Please arrive ONE HOUR before your scheduled appointment time.

**Procedure Location: LeBauer Endoscopy Center (4th Floor)** 

520 North Elam Avenue Greensboro, NC 27403

Check in with the receptionist on the 4th floor when you arrive

Please contact our office if you have any changes to your medical history (heart attack, stroke, etc.) or if you start any new medications after your visit, especially blood thinners or any new weight loss medications.

PREPARATION FOR ENDOSCOPY

## On \*\*\* THE DAY OF THE PROCEDURE:

- 1. No solid foods, milk or milk products are allowed after midnight the night before your procedure.
- 2. You may drink clear liquids up to **3 hours before** your procedure.
- 3. DO NOT drink anything colored red or purple. Avoid juices with pulp. NO orange juice. NO milk products.

You should not have any gum, water, medicine or candy after this 3 hour stop time.

Clear liquids include: NO RED & NO PURPLE

Water	Jell-O
Ice	Popsicles
Tea (sugar ok, no milk/cream)	Powdered fruit flavored drinks
Coffee (sugar ok, no milk/cream)	Gatorade
Juice: apple, white grape, white cranberry	Lemonade, Kool-Aid
Clear bullion,broth (vegetable, chicken, beef)	Carbonated beverages (any kind)
Strained chicken noodle soup (no noodles or chicken)	Hard Candy

Stop drinking all liquids including water, no gum, no candy or medications within 3 hours of your appointment.

Drinking liquids of any kind in any amount <b>WITHIN 3 HOURS</b> of your scheduled procedure, or eating <b>ANY SOLID FOODS</b> the day of your procedure will result in cancellation of your procedure.	
MEDICATION INSTRUCTIONS	
Unless otherwise instructed, you should take regular prescription medications with a small sip of water as early as possible the morning of your procedure. You may continue taking your Aspirin.	
Take allowed medicines by ***	
Diabetic patients - ***	
Stop taking *** (blood thinner) *** days before procedure-last dose on ***.	